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## **ARTIST BIO: Hormonal Imbalance™...A Mood Swinging Musical Revue!**

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After seven recordings and nearly 20 years as “The Four Bitchin’ Babes,” these indestructible Divas are hotter than ever. Literally! Always evolving, witty and charming, the Babes welcome in a new era with a new cast, and a new show entitled **Hormonal Imbalance...A Mood Swinging Musical Revue!** Spend an evening with these outrageously funny and multi-talented musicians as they examine and ultimately celebrate the lives of today’s women. With sorority sister chemistry they perform original songs and stories offering both poignant views and unbridled comedic commentary on the joys and dilemmas of everyday life. With heavenly harmony, they share our struggles to balance careers and family, chocolate obsessions and low carb inner peace, CNN and TV Land, and finally, dealing with inadequate pay and inadequately cut swimwear. All together now girls -- ”Oooooo, big ouch!”

**SALLY FINGERETT:** As a pianist, guitarist, and composer, Sally is one of the founding “Mothers” of THE FOUR BITCHIN’ BABES. Having recorded 5 solo CDs, 7 Bitchin’ Babes CDs, she has participated in 12 compilation recording projects. Her song “Home Is Where The Heart Is” has been recorded by Holly Near, Ronnie Gilbert, and folk legends, Peter, Paul, and Mary. As a studio musician she has sung countless radio and TV Jingles such as Butterfinger, Hallmark, and Sears. Sally has been seen performing with the National Touring Company of the Vagina Monologues, on stage with Putamayo’s Songwriter Festival at NY’s Carnegie Hall, and has been a featured musical guest on Michael Feldman’s Whad’Ya Know, NPR’s Mountain Stage, CNN’s Sonya Live, PBS Lifelines with Peter, Paul and Mary, and CBS Sunday Morning. Her humorous essays have been published in such publications as Columbus Monthly and Random House’s *Life’s A Stitch*, a collection of contemporary women’s humor including Erma Bombeck, Gloria Steinem, Molly Ivans and many others. Blending her essays and songs Sally created “The Mental Yentl Show” which now airs annually on XM/Sirius Radio’s special events channels. Currently, in between touring with the Babes, Sally is at work composing music for the play “Hersteria..A Musical Noir” for the Winnipeg Studio Theatre in Manitoba, Canada. Sally’s latest CD “A Women’s Gotta Do Her Thing” includes a moving duet with pal, guest vocalist Janis Ian. When not working, Sally catches her breath at home in Columbus Ohio with her husband Michael and their three (college) kids Max, Aaron and EJ.

**DEBI SMITH:** Playing guitar, piano, and Irish bodhran (drum), Debi has received many Washington Area Music Awards and nominations (Wammies) including Best Vocalist, Artist, and Album. Debi has been a repeat performer on NPR’s Prairie Home Companion, All Things Considered, Mountain Stage, Radio Smithsonian and Voice of America. She has appeared on CBS Sunday Morning, Country Music Television (CMT), and her bodhran playing is heard on Ken Burn’s PBS series, “The National Parks.” She has performed at such venues as The Kennedy Center, Wolftrap, EPCOT Center, Philadelphia’s Keswick, and L.A.’s Wadsworth Theaters, and internationally as far away as Russia. “The Smith Sisters,” Debi with her sister Megan, released four recordings on Rounder/Flying Fish, accompanied by Doc & Merle Watson and Mark O’Connor, and recorded 3 children’s albums that won Parent’s Choice and American Library Awards. Debi’s songs have been recorded by Grammy-winner Tom Paxton, won ASCAP composer awards, and been finalists for the Virginia state song. Debi has participated in over 20 albums and compilations, and her CD’s have been picked as the year’s best by the Washington Post and featured in Billboard, The New York Times, and USA Today. Debi Smith lives with her husband and teenage son in Falls Church VA, near Washington, D.C. where she’s famous for her impressive “handy-woman” skills, having physically installed the vertical blinds and wired track lighting in her living room BY HERSELF!

**DEIRDRE FLINT:** Lauded by The New York Times, Billboard Magazine, and The Christian Science Monitor, Deirdre Flint’s songs hang out at the intersection where folk music and stand-up comedy collide. Since her first CD “The Shuffleboard Queens” debuted in 1999, Flint has played The Kennedy Center and The Kerrville Folk Festival and has been heard on 100+ radio programs throughout the country including The Dr. Demento Show and The World Café. Deirdre’s song “Taxidermal Therapy” from The Babes’ new “Hormonal Imbalance” CD was chosen to represent the Babes on Dr. Demento’s Best of 2006 compilation. Her songs have recently been heard on Ireland’s “What Not to Wear” and Britain’s “Spendaholics.” Stateside, her songs have been used in TLC’s “A Dating Story” and the documentary, or if you will *frockumentary* “Always a Bridesmaid.” Deirdre earned her Masters Degree in Elementary Education from The University of Pennsylvania. Teaching, her first love and first career got her started writing children’s songs as learning tools. As a celebrated witty and topical writer, she’s been commissioned to pen children’s song honoring the town of Norfolk, VA. A devoted hobbyist, she’s taken furniture building, electrical wiring, quilting, and most impressively she has spent a week at cooking school in New York City, where she learned to make a flaming dessert - on purpose - and she can put it out, too. Having mastered high caloric extravaganzas, Deirdre is our “Sporty Babe” completing the Sherox Triathlon and The New Jersey Marathon. However, she claims she does it for the free donuts at the end.

**NANCY MORAN:** Declared “Songwriter of the Year” by the Virginia Sound Achievement Awards and WXGI Radio, Nancy has recorded four solo CDs, including her latest titled “Something Old, Something New.” Garnering public and commercial radio airplay on 80+ stations coast-to-coast, Nancy’s CD’s have landed her on the Gavin Americana charts alongside Delbert McClinton and Joan Baez. She’s been featured internationally on radio stations in Australia, Canada, and Europe. The Richmond-Times Dispatch called her “nothing short of a [modern-day] Joni Mitchell” and “a force to be reckoned with.” Dirty Linen Magazine says Nancy has “a powerful, expressive voice...stunning.” She has performed at universities, festivals and clubs such as Nashville’s Bluebird, Washington DC’s Birchmere, Cambridge’s Club Passim and the Kerrville (TX) Folk Festival. She is also an accomplished studio vocalist and has sung on numerous song demos and CD projects. Because she loves to inspire and encourage other artists, Nancy is a frequent key-note speaker at music conferences, a Nashville Songwriters Association International (NSAI) -endorsed music business instructor, a SongU.com online instructor, and the author of several books, audio series, and live workshops including, “The Songwriter’s Survival Kit,” “The Professional Songwriter’s Code of Conduct,” and “Making and Releasing Your Own CD.” She is the former Assistant Editor of American Songwriter Magazine and currently serves on the advisory board of Indie Connect. In her spare time (yeah, right), she is currently learning to sew! Nancy resides in Nashville, TN with her husband, Fett, and their two cats, Fluffy and Suzie Q.